

Compact Business Coaching Training with Certificate

Professional coaching. Supporting people effectively.

Practice-oriented coaching training for executives, personnel developers, consultants as well as aspiring internal and external coaches.

Coaching competence as a leadership strength

Coaching is one of the most important leadership and consulting skills today. If you want to accompany people professionally, you need more than individual methods or questioning techniques. Psychological understanding, a professional attitude and coaching skills that have proven themselves in everyday professional life are crucial.

My compact business coaching training teaches exactly these skills - practical, individual and with direct transfer into your everyday working life.

You will benefit from my more than 30 years of experience as a psychologist and executive coach as well as my many years of work with board members, managing directors, entrepreneurs and top executives.

You will learn proven business coaching methods and at the same time develop your own coaching style. Because in coaching, it is not the method alone that makes the difference - but the person who uses it.

Who is the training suitable for?

The coaching training is aimed at

- Executives who want to use coaching skills in their leadership work
- Human Resources Developers and HR Managers
- Trainers and Consultants
- aspiring internal and external coaches
- Companies that want to build up coaching skills in a targeted manner

What makes this training special

Many coaching trainings last two years or more and take place exclusively in larger groups.

This training is deliberately structured differently.

It is compact, individual and consistently geared to practice.

You will receive a best-of proven coaching methods from over 30 years of executive coaching as well as numerous in-house training courses. Only methods that have proven themselves in everyday business are taught.

A special focus is placed on the development of your personal coaching style. Because every coach is unique - and it is precisely this individuality that often determines later success.

The five training modules

1. Basics of professional coaching

- Coaching process and professional attitude
- Clarification of mission and objectives
- Conversation structure and questioning techniques
- Active listening
- Role and impact as a coach

2. Diagnosis and systemic methods

- Systemic attitudes
- Personality model and type analysis
- Target setting
- Type-appropriate communication
- Deepening of your own coaching style

3. Dealing with challenges

- Beliefs
- Values and inner drivers
- Emotions and Resistance
- Difficult conversation situations
- Supporting conflicts constructively

4. Unleashing Potential and Top Management Coaching

- Recognizing and developing potential
- Executive Coaching
- Coaching in top management
- Dealing with power, influence and hierarchies
- Understanding stakeholder and micropolitics

5. Impact, resources and integration

- Own impact as a coach
- Body language and presence
- Working with metaphors
- Supervision of own coaching cases
- Integration into professional practice

Training formats

A. Individual training exclusively for one person

Ideal for executives as well as people who want to develop intensively and individually into a coach.

Scope

- 5 modules of 5 hours each, approximately at monthly intervals

Fee

- €9,500 plus VAT
- Monthly billing: €1,900 plus VAT per module

B. Coaching training for two participants

Ideal for two people who learn together, benefit from each other and still want very individual support.

Scope

- 5 modules of 6 hours each, approximately at monthly intervals

Fee

- 5,700 € plus MwSt.pro participants
- Monthly billing: 1,140 € plus VAT per participant and module

C. In-house coaching training

For closed groups within a company. Group size - 6 to a maximum of 10 participants. Content, focal points and dates are individually tailored to your company. Fee on request.

Your benefits

- Compact, practice-oriented training instead of several years of further training
- Individual training, training for two participants or in-house training – to suit your needs

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- The five training modules usually take place monthly. Appointments are coordinated individually and are also possible on weekends if necessary.
- In the event of illness or important professional appointments, modules in the individual or two-person training can be easily postponed.
- Monthly billing after each training module – no full advance payment of the entire training
- In each training module, you will experience individual live coaching on a current concern of a participant. In this way, you will learn coaching not only theoretically, but directly based on practical examples, receive coaching on current issues yourself and at the same time gain valuable impulses for your own coaching style.
- Written training documents as booklets – printed and digital
- Certificate after successful competition

Certificate

Upon successful completion, you will receive a certificate of completed Compact Business Coaching Training.

The prerequisites for this are:

- participation in all training modules,
- the processing of the agreed practical tasks and
- the written documentation of a coaching case as well as the successful implementation of a coaching conversation with individual feedback at the end.

Free initial consultation

Before the start of the training, we get to know each other in a free 60-minute initial consultation. Together we will discuss your goals, your professional background and the training format that best suits your requirements.

Venue

The training takes place at my premises in Frankfurt am Main.

Elverfeldt Coaching – for Results
Hansaallee 21 | 60322 Frankfurt am Main

Your contact person

Felicitas von Elverfeldt

Graduate Psychologist | Executive Coach

Alternatively, depending on the training format, virtual implementations and in-house training courses are also possible in your company.

For over 30 years, I have been supporting board members, managing directors, entrepreneurs and top executives in demanding leadership and change situations. My aim is not only to teach people coaching methods, but to enable them to accompany others professionally, responsibly and sustainably effectively.

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